Molecular Epidemiology and Antimicrobial Resistance of *Salmonella* spp. Isolated from Resident Patients in Mazandaran Province, Northern Iran

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**HIGHLIGHTS**

- *Salmonella enteritidis* was the most frequent serovar among salmonellosis outbreaks in Mazandaran province, Iran.
- All of the isolated *S. enteritidis* were resistant to tetracycline, nalidixic acid, and trimethoprim-sulfamethoxazole.
- No resistance was found to cefotaxime, chloramphenicol, ciprofloxacin, amoxicillin, and ceftazidime.

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**Acronyms and abbreviations**
PFGE=Pulsed-Field Gel Electrophoresis
REP-PCR= Repetitive Extragenic Palindromic Sequence Polymerase Chain Reaction
SI=Similarity Index
DI=Differentiation Index
ERIC=Enterobacterial Repetitive Intergenic Consensus

**ABSTRACT**

**Background:** *Salmonella* is one of the causes of food-borne illnesses worldwide resulting in a wide range of human diseases. The aim of this research was to study molecular epidemiology and antimicrobial resistance of *Salmonella* spp. isolated from resident patients in Mazandaran province, northern Iran.

**Methods:** Totally, 51 stool samples were collected from patients in 20 outbreaks recorded in Health Care Center of Mazandaran province, North of Iran, during October 2013 to September 2014. Cultivation and biochemical methods were used for differentiation of *Salmonella*. Identified *Salmonella* isolates were confirmed with 16S rRNA PCR method and sequencing. Antibiotic susceptibility test was carried out for each isolate.

**Results:** Four of 51 samples (7.84%) were contaminated with *S. enteritidis*. Molecular analysis and sequencing verified the isolates. The delineation level for each isolate discrimination in subsequent analysis was set at 94% for the primer. All of the isolates were resistant to tetracycline, nalidixic acid, and trimethoprim-sulfamethoxazole. No resistance was found to cefotaxime, chloramphenicol, ciprofloxacin, amoxicillin, and ceftazidime.

**Conclusion:** *S. enteritidis* was the most frequent serovar among salmonellosis outbreaks in the Mazandaran province, Iran. Also, isolated *S. enteritidis* showed various rates of susceptibility for different antibiotics.

**Introduction**

Food has suitable conditions for bacteria to grow and therefore, it is very hard to control colonization of these microorganisms from farm to fork chain (Newell et al., 2010). Food-borne diseases are occurred by consumption of food contaminated with microbial pathogens or their
toxins, causing gastrointestinal complications and sometimes hospitalization and even death. Every year, millions of people get a kind of food-borne illnesses caused by major pathogenic bacteria. On the other hand, antibiotic resistance makes this problem hard to resolve. The four most commonly reported bacterial enteropathogens in the United States including, Campylobacter, nontyphoid Salmonella, Shiga toxin-producing Escherichia coli, and Shigella are associated with an estimated cost of 7 billion dollars, annually (DuPont, 2007).

Salmonella is a genus of the Enterobacteriaceae family with a rod shape and negative in Gram staining. This bacterium is one of the causes of food-borne illnesses worldwide resulting in a wide range of human diseases like gastroenteritis, enteric fever, and bacteremia. It is estimated that 1.4 million infections occur annually in the United States (Kilic et al., 2010). There are many published researches in the literature showing various incidence rate and antibiotic resistance of Salmonella spp. isolated from foodstuffs distributed in Iran (Dallal et al., 2010; Jalali et al., 2008; Jamshidi et al., 2010; Salehi et al., 2005; Tajbakhsh et al., 2013) and the other countries such as Nigeria (Raufu et al., 2014), Saudi Arabia (Elhadi, 2014), France (Hue et al., 2011), Spain (Alvarez-Fernandez et al., 2012), Tunisia (Oueslati et al., 2016), China (Yan et al., 2010), Argentina (Favier et al., 2013), and Australia (Fearnley et al., 2011).

There are different genotyping methods for studying the Salmonella serovars genetic diversity (Cho et al., 2008; Landeras et al., 1996; Pang et al., 2005). Pulsed-Field Gel Electrophoresis (PFGE) is a standard and suitable method for examining of related strains of Salmonella outbreak, but it is not suitable for sporadic cases (Foley et al., 2006). On the other hand, Repetitive Extragenic Palindromic Sequence Polymerase Chain Reaction (REP-PCR) targets the conserved and repetitive part of genome which found in eukaryotes and prokaryotes. The conserved region which places to the repetitive site of genome shows different sizes; therefore, it produces different fragments in length on agarose gel electrophoresis and provides a specific fingerprint of the organism (Anderson et al., 2010; Cleland et al., 2008).

The aim of this research was to study molecular epidemiology and antimicrobial resistance of Salmonella spp. isolated from resident patients in Mazandaran province, northern Iran.

Materials and methods

Sampling

Totally, 51 stool samples were collected from patients in 20 outbreaks recorded in Health Care Center of Mazandaran province, North of Iran, during October 2013 to September 2014. The main symptoms pertaining to each patient were recorded in data sheet.

Isolation and differentiation

Cultivation and biochemical methods were used for differentiation of Salmonella. The samples were inoculated in Cary-Blair transport media and immediately transferred to the Microbiology Laboratory of the Public Health Faculty, Tehran University of Medical Sciences. All the samples were inoculated in Selenit F medium (Merck KGaA, Darmstadt, and Germany) for 12 h in order to the enrichment, and then they were inoculated onto Hektoen enteric agar (Liofilchem, Italy) and incubated at 37 °C. Non-lactose-fermenter blue colonies were used to inoculate Kligler’s iron agar (Liofilchem, Italy) tubes, and incubated at 37 °C for 24 h.

Antibiotic susceptibility tests

The antibiotic susceptibility test with the following antibiotics ampicillin, chloramphenicol, tetracycline, ceftazidime, cefotaxime, trimethoprim-sulfamethoxazole, ciprofloxacin, meropenem, nalidixic acid, and amoxicillin was carried out by disk diffusion method according to Wikler (2006). All of the antibiotic disks were obtained from MAST Company, England.

DNA extraction

DNA was extracted by boiling method. Briefly, one colony was cultured an overnight and then boiled in 50 μl sterile STE buffer for 10 min, followed by centrifugation at 13300 rpm for 3 min.

16S rRNA PCR

ITS region of 16S rRNA considered as conserved region in all Salmonella serovars and therefore, PCR amplification was used for Salmonella detection and identification using specific primer pair that shown in Table 1 (Chiu et al., 2005). Each reaction mixture was consisted of 100 nM for each primer, 1.5 mM MgCl2, 0.2 mM dNTPs, 100 ng genomic DNA, 1X PCR buffer, and 1.5 U Taq DNA polymerase (Sinaclon, Iran) in a final volume of 50 μl. The PCR program was set up with an initial denaturation at 94 °C for 2 min; subsequently, 30 cycles of denaturing at 94 °C for 30 s; annealing at 71 °C for 30 s; and extension at 72 °C for 50 s. Final extension in one cycle was done for 10 min at 72 °C. PCR products were analyzed by agarose gel electrophoresis (1.5% w/v) and stained with ethidium bromide and then visualized using Gel Documentation (ABI, USA).

Sequencing

For verification, the PCR products were sequenced...
REPC-PCR

The reaction mixture consisted of 5 nM GTG5 primer, 1.5 mM MgCl2, 0.2 mM dNTPs, around 100 ng genomic DNA, 1X PCR buffer, and 0.5 U Taq DNA polymerase (Sinaclone, Iran) in a final volume of 25 μl. The used primer was acccording to Rasschaert et al. (2005). The PCR program started with an initial denaturation at 94°C for 5 min; subsequently, 30 cycles of denaturing at 94°C for 30 s; annealing at 40°C for 1 min; and extension at 72°C for 8 min. The final extension in one cycle was done for 16 min at 72°C cycle.

Analysis of amplification and dendrogram

Each amplicon fragment was separated on a 1.8% agarose gel. Briefly, 10 μl PCR product mixing with 2 μl loading dye buffer was loaded to each well alongside with DNA ladder. The PCR products were visualized by Gel Documentation. DNA fingerprint profiles were compared with each other using software gel compare II (Version 6.6). In general, “different”, “similar” and “indistinguishable” were defined as <95%, <97%, and >95% similarity, respectively.

Table 2: Antibiotic susceptibility of isolated S. enteritidis serovars

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- Antibiotics: ampicillin (AMP), chloramphenicol (CA), tetracycline (TET), ciprofloxacin (CAZ), ceftoxime (CTX), trimethoprim/sulfamethoxazole (SXT), ciprofloxacin (CIP), meropenem (MEM), nalidixic acid (NA), and amoxicillin (AMX)
- S: sensitive; R: resistant; MS: middle sensitive

Discussion

Our results showed that S. enteritidis was the predominant Salmonella serovar isolated from outbreaks in Mazandaran province of Iran. Annually, in many countries in the world, Salmonella causes many illnesses and hundreds of death (CDC, 2007). The occurrence of typhoid salmonellosis is stable, however, the incidence of non-typhoid salmonellosis are increasing widespread. Also, serotype Enteritidis has been one of the most common isolated Salmonella causing food-borne outbreaks (Zheng et al., 2007). According to a report in United States, S. enteritidis and S. typhymurium have been the common serotypes among hundreds of outbreaks occurred in the country (Newkirk and Hedberg, 2012). It has been reported that the main cause of salmonellosis outbreaks in Turkey was S. enteritidis (Kilić et al., 2010). Also, S. enteritidis was mainly associated with food-borne salmonellosis occurred in Europe in 2004 (Helwigh, 2006).

In the current study, all the S. enteritidis isolates were resistant to tetracycline, nalidixic acid, and trimethoprim-sulfamethoxazole. Also, no resistance was found to ceftazidime, ciprofloxacin, chloramphenicol, amoxicillin, and cefotaxime. As a comparison, during 1999-2012 in
Brazil, the resistant to nalidixic acid were raised from 12.8% to 100%. It has been reported the highest sensitivity to tetracycline and chloramphenicol during 2001-2002 and no resistance to trimethoprim-sulfamethoxazole in 2014 (Tondi and Ritter, 2012). Researches in 10 European countries indicated that among 27,000 cases of human salmonellosis infected by S. enteritidis, the most resistances were related to nalidixic acid, trimethoprim-sulfamethoxazole, and amoxicillin (Threlfall et al., 2003). It is known that misuse of antibiotics in both human and veterinary aspects leads to increase antimicrobial resistance in many Salmonella serovars. So, attention should be paid to the resistance of Salmonella serovars especially S. enteritidis as the predominant agent of human salmonellosis (Geimba et al., 2005).

The REP-PCR method has good power for discriminate S. enteritidis. Raschaert et al. (2005) has been previously reported that REP-PCR and Enterobacterial Repetitive Intergenic Consensus (ERIC)-PCR are equally able to discriminate Salmonella serotypes. They concluded that in epidemiological studies, discriminatory powers of the primer set ERIC and the primer (GTG)\textsubscript{5} are similar but the set primer of ERIC and the primer (GTG)\textsubscript{3} are complementary. Other studies have also reported about the ability of REP-PCR for Salmonella discriminating. Some of them (Burr et al., 1998; Milleman et al., 1996; Van Lith and Aarts, 1994) evaluated only the primer set of ERIC. These studies showed the different results. Van Lith and Aarts (1994) assessed 65 Salmonella isolates of 49 serotypes for discriminating the Salmonella serotypes that their results showed the possibility of using the primer set of ERIC\textsubscript{1}R-ERIC\textsubscript{2}. They reported that each serotype with unique fingerprint and the isolates within one serotype showed same patterns. Burr et al. (1998) analyzed 89 Salmonella isolates of 22 serotypes with the set primer of ERIC and concluded that the fingerprints had not correlation with serotypes. According to Milleman et al. (1996) who had tested 56 serotype Typhimurium and 14 serotype Enteritidis strains using the ERIC primer set resulted that ERIC-PCR is not suitable for discriminating of Salmonella serotypes. They showed that all serotype Enteritidis isolates and some serotype Typhimurium isolates have the identical fingerprint. Popoff et al. (2004) confirmed that with increasing the annealing temperatures, the reproducibility and resolving power of REP-PCR with the primer set of ERIC\textsubscript{2} and BOXA\textsubscript{1}R will be approved. In the last study 70 isolates of 15 serotypes were tested. We used the REP-PCR with high annealing temperature in a long time based on Popoff et al. (2004) because PCR program is the main factor, which explain the validity of REP-PCR for discrimination of Salmonella serotypes.

Having good knowledge about type of bacterial agent of food-borne diseases and also its antimicrobial resistance pattern plays very important role to reduce food-borne outbreaks. One problem in many developing countries such as Iran is that data on salmonellosis cannot be reported properly; because many patients with acute gastroenteritis do not visit a health care center or do not submit a specimen for laboratory testing. For reducing burden of food-borne diseases, the monitoring from farm to fork and encouraging all sectors of the food production chain is necessary.

Conclusion

The present study demonstrated that S. enteritidis was the most frequent isolate among salmonellosis outbreaks in the Mazandaran province, Iran. Also, isolated S. enteritidis showed various rate of susceptibility for different antibiotics.

Conflicts of interest

The authors declared that they had no conflicts of interest in this study.

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